

**Pauline Gekas, LMFT**  
**Licensed Marriage and Family Therapist**

**EDUCATION**

**Northern Illinois University**, DeKalb, Illinois,  
Three graduate courses for AAMFT Clinical Certification, May 1983

**Loyola Marymount University**, Los Angeles, California,  
Master of Arts in Counseling Psychology, December 1980

**Loyola University Chicago**, Illinois,  
Bachelor of Science in Psychology, June 1970

**LICENSURE**

Licensed Marriage & Family Therapist, State of Illinois

License Number: 166-000362

**PROFESSIONAL MEMBERSHIP**

Clinical member of the American Association for Marriage & Family Therapy

**PROFESSIONAL WORK EXPERIENCE**

Private practice in Individual, Marriage & Family Therapy, Geneva & St. Charles, Illinois, 1981 to the present

Staff Clinician, Part-time, TriCity Family Services, Geneva, Illinois, March 2000 to October 2004

Clinical Internship, TriCity Family Services, Geneva, Illinois, January 1981 to June 1981

Clinical Practicum, Eastern Community Mental Health Center, Baltimore, Maryland, October 1977 to June 1978

**RELEVANT INFORMATION**

"I consider myself to be a brief, solution-focused therapist who attempts to elicit the client's strengths and coping abilities. I also believe in cognitive/behavioral approaches whenever it is appropriate. I have done most of my work in the area of marital and sexual relations, personal interrelationships, anxiety, depression, stress management, grief and self esteem issues. Most recently, I have led a postpartum mood disorders support group. I have done a considerable amount of public speaking on grief, parenting, marital relationships, stress management and self esteem.

I feel my strengths as a therapist, apart from my experience and theoretical knowledge, are my acceptance, compassion, clarity, directness and sense of humor."

**MIND • BODY • SPIRIT**  
427 East State Street  
Geneva, IL 60134